

THE SALE 10

Sunday 5th August 2001

1	Carl Warren		Birchfield Harriers	48:51	69	Tony Mann		Penny Lane Striders	1:02:48		
2	Stuart Hall		Tipton Harriers	49:08	70	Paul McNamara		Salford Harriers	1:02:53		
3	Bashir Hussain		Stockport Harriers	50:21	71	Ian Smallwood		Wilmslow	1:02:57		
4	Ian Fisher		Otley AC	50:25	72	Nigel Barnes		Darwen Dashers	1:02:57		
5	Duncan Mason		Salford Harriers	50:57	73	Jonathan Pierce	M50	7	Telford Harriers	1:02:58	
6	Dave Norman		Altrincham AC	51:27	74	Julie Holdsworth	L40	1	Baildon Runners	1:03:12	
7	Dave Milliken		Salford Harriers	52:04	75	Philip Cotteril			BAE Systems	1:03:23	
8	Mark Delahunty		Bingley Harriers	52:13	76	Grahame Cunliffe	M50	8	Abergele Harriers	1:03:32	
9	Andrew Jones		East Cheshire Harriers	52:15	77	Rachel Pleeth	L	6	Macclesfield Harriers	1:03:35	
10	Alex Rowe	M40	1	Wesham Road Runners	53:24	78	Tommy Burke	M50	9	Penny Lane Striders	1:03:44
11	Gary Counell		Bolton United Harriers	53:42	79	Graham Harrison	M40	13	Altrincham AC	1:03:48	
12	John Winchester	M40	2	Helsbey	54:01	80	Eddie Gilligan		Manchester YMCA	1:03:49	
13	Mike Shaw		Stockport Harriers	54:20	81	Tom Daniels	M50	10	Salford Harriers	1:03:50	
14	David Lockett		Salford Harriers	54:22	82	Paul Welch	M40	14	Scunthorpe AC	1:03:56	
15	Colin Rigby		Horwich RMI	54:25	83	Gary Milnes	M40	15	East Cheshire Harriers	1:03:59	
16	Kenneth Moss	M45	1	Northern Vets AC	54:30	84	Arthur Wilson		Birkenhead AC	1:04:07	
17	Beth Allott	L	1	Salford Harriers	54:40	85	Raymond Hall	M50	11	Halifax Harriers	1:04:08
18	John Pratt	M40	3	Macclesfield Harriers	55:57	86	Mike Walker	M50	12	Southport	1:04:17
19	Garry Matthews	M40	4	East Cheshire Harriers	56:19	87	Chris Cowley		Chorley Athletic Club	1:04:19	
20	Mike Higginbottom	M45	2	Salford Harriers	56:32	88	Dave Farmer	M50	13	Sale Harriers Mcr	1:04:21
21	Barry Peatfield	M50	1	Wesham Road Runners	56:51	89	David Hanson	M40	16	Vale Royal AC	1:04:27
22	Stuart Heaton		East Cheshire Harriers	56:59	90	Frank Murphy	M45	11	Walmsley RC	1:04:31	
23	Andrew Smith		Darwen Dashers	57:04	91	John Parrott	M45	12	Unattached	1:04:36	
24	Jeff Mason	M45	3	Liverpool Pembroke	57:28	92	Simon Higgins	M40	17	Veg. Cycling & AC	1:04:41
25	Julie O'Mara	L	2	Wakefield A.C	57:39	93	Lionel Williams	M45	13	Warrington AC	1:04:45
26	Steve Burthem	M40	5	Warrington AC	57:40	94	Ross Litherland		Unattached	1:04:49	
27	Nick Legg		Altrincham AC	57:56	95	Philip Smith	M45	14	Unattached	1:05:14	
28	Paul Denmore		St Helens Striders	58:02	96	Richard Harrison			Unattached	1:05:15	
29	Andrew Neary		Salford Harriers	58:22	97	Michael Dunn	M50	14	Sale Harriers Mcr	1:05:18	
30	Peter Maher	M45	4	Vale Royal AC	58:28	98	Vicky Perry	L40	2	Altrincham AC	1:05:24
31	Sue Harrison	L	3	Leamington C & AC	58:32	99	Robert Miller	M50	15	Wigan Phoenix	1:05:26
32	Mark Swannell		Unattached	58:50	100	John Dwyer	M50	16	Altrincham AC	1:05:29	
33	Neil Holding	M40	6	West Pennine Runners	59:04	101	Steven Heaton		Unattached	1:05:48	
34	Eric Wilson	M45	5	Darwen Dashers	59:07	102	Alan Nuttall	M50	17	Bolton United Harriers	1:05:49
35	Geoff Arden		Wigan Phoenix	59:13	103	Tim Hargreaves	M40	18	Stockport Harriers	1:05:50	
36	Stuart Calderbank	M50	2	North Fylde AC	59:16	104	Craig Brooke		RAF AC	1:05:53	
37	Kath Charnock	L	4	Wigan Phoenix	59:20	105	Julian Mottram		Unattached	1:05:57	
38	Len Best	M50	3	Stockport Harriers	59:27	106	Keith Makin	M50	18	Horwich RMI	1:06:03
39	Mark Crabtree	M40	7	Halifax Harriers	59:32	107	Hussein Youskian	M50	19	Stockport Harriers	1:06:05
40	John Knapp		Unattached	1:00:09	108	Andrew Towe			Salford Harriers	1:06:21	
41	Carl Byrne		Belle Vue Racers	1:00:13	109	David Phillips	M50	20	Oldham & Royton	1:06:24	
42	Mike Johnson	M45	6	Sale Harriers Mcr	1:00:17	110	S Hammond		Unattached	1:06:32	
43	Darren Blazier		Abergele Harriers	1:00:19	111	Simon Greene	M45	15	Reebok RC	1:06:33	
44	Steve Almond		Stockport Harriers	1:00:25	112	Clive Nixon			Unattached	1:06:34	
45	Robert Hughes		Salford Mets	1:00:30	113	Alison Vesey	L	7	Altrincham AC	1:06:35	
46	Ken Burgess	M50	4	Altrincham AC	1:00:31	114	Eric Fogarty	M60	1	St Helens Striders	1:06:38
47	Ian Meeds		Altrincham AC	1:00:38	115	Liam Mycroft	M40	19	Road Runners Club	1:07:00	
48	Alan Clarkson	M40	8	Clayton-Le-Moors	1:01:03	116	Katherine Harvey	L40	3	Altrincham AC	1:07:02
49	David Constance		Stafford Harriers	1:01:11	117	Robert Cunliffe			Unattached	1:07:03	
50	Dale Connolly		Halifax Harriers	1:01:16	118	Jim Leyland	M50	21	Horwich RMI	1:07:09	
51	Ian Selby		Bolton United Harriers	1:01:27	119	Paul Capey			Manchester H&AC	1:07:09	
52	Stephen Fairbrother		Oldham & Royton	1:01:30	120	Shane Gudgeon			Darwen Dashers	1:07:11	
53	Ken Fowler	M45	7	Bolton United Harriers	1:01:36	121	Mark Tattersall		East Cheshire Harriers	1:07:21	
54	Vanessa Mulholland	L	5	Altrincham AC	1:01:47	122	G Brown		Unattached	1:07:25	
55	Joseph Dooley	M40	9	East Cheshire Harriers	1:01:50	123	David Gregory	M50	22	Manchester H&AC	1:07:27
56	Andrew Waring	M45	8	Birkenhead AC	1:01:51	124	Ian Thorpe		Stockport Harriers	1:07:28	
57	Andy Rees		Penny Lane Striders	1:01:52	125	Brian Beattie	M50	23	West Cheshire AC	1:07:34	
58	Michael Johnson		Unattached	1:01:53	126	Anthony Parkinson	M40	20	Northern Vets AC	1:07:35	
59	Jim Pendlr		Wilmslow	1:01:56	127	Andy Seal			Telford Harriers	1:07:43	
60	Martin Platt	M45	9	Macclesfield Harriers	1:01:57	128	James Huggins		Buckley Runners	1:07:51	
61	David Shaw		Bolton United Harriers	1:02:03	129	Gaynor Higson	L	8	Horwich RMI	1:07:52	
62	Derek Walton	M50	5	Altrincham AC	1:02:16	130	John Delauny	M50	24	Stockport Harriers	1:07:54
63	Carl Whitworth	M40	10	East Cheshire Harriers	1:02:20	131	Paul Tilley	M45	16	East Cheshire Harriers	1:07:59
64	Peter Howarth	M40	11	Sale Harriers Mcr	1:02:29	132	Bryan Lawton		Greater Mcr Police	1:08:04	
65	John Littler		Unattached	1:02:31	133	S Riding	L	9	Unattached	1:08:06	
66	Chris Wilson	M40	12	Unattached	1:02:34	134	Linda Clarkson	L	10	Darwen Dashers	1:08:16
67	John Peacock	M45	10	Stockport Harriers	1:02:40	135	Michael Parker		Unattached	1:08:19	
68	Eric Musgrove	M50	6	Stockport Harriers	1:02:41	136	D Entwistle		Altrincham AC	1:08:20	

137	Trevor Edge	M50	25	Stainland Lyons	1:08:26	208	Roger Pidcock	M50	38	Cheshire HHH	1:14:04
138	Mike Breslin	M45	17	Walmsley RC	1:08:29	209	Mike Daniels			Unattached	1:14:06
139	Dave Corber			Unattached	1:08:31	210	William Keeling			Y Club	1:14:16
140	M Brand			Unattached	1:08:34	211	John Cawley	M40	35	Baildon Runners	1:14:21
141	B Riding			Unattached	1:08:35	212	Malcolm Whitehead	M50	39	Bolton United Harriers	1:14:38
142	Julian Lorca-Valverde			Unattached	1:08:37	213	Gareth Jones	M40	36	Buckley Runners	1:14:41
143	Trevor Grundy	M50	26	Oldham & Royton	1:08:37	214	Barry Allman	M45	28	Horwich RMI	1:14:47
144	Alan Brown	M45	18	Barnsley AC	1:08:42	215	Jeff Cordwell	M60	5	Oldham & Royton	1:14:57
145	Jon Paramor	M45	19	Manchester YMCA	1:08:43	216	Steve Langworth	M40	37	Unattached	1:15:07
146	Brian Speake			Reading Rd Runners	1:08:50	217	Jez Sutton			Unattached	1:15:11
147	Finlay McCalman			Wesham Road Runners	1:08:50	218	John Percival	M40	38	Road Runners Club	1:15:13
148	Stephen Newill			Stanland Lions	1:08:55	219	Steve Jones	M40	39	Unattached	1:15:17
149	David Cain	M45	20	Penny Lane Striders	1:08:57	220	John Edwards	M50	40	Winston Runners	1:15:29
150	Richard Gay	M40	21	Unattached	1:09:02	221	Michael Mooney	M50	41	Belle Vue Racers	1:15:30
151	Catherine Nevin	L45	1	Penny Lane Striders	1:09:12	222	Paul Watson	M40	40	Road Runners Club	1:15:41
152	Steven Shaw	M40	22	Oldham & Royton	1:09:14	223	Ian Pate			Unattached	1:16:02
153	Philip Eaton			Unattached	1:09:20	224	Martin Webb			Mcr Triathlon Club	1:16:05
154	Paul Walters	M40	23	Oldham & Royton	1:09:32	225	Brian Durand	M45	29	Red Herrings	1:16:17
155	Robert Frankell	M45	21	Stockport Harriers	1:09:33	226	Carole Harrison	L	13	Unattached	1:16:19
156	Chris Allen			Unattached	1:09:37	227	H Bamber	M45	30	East Cheshire Harriers	1:16:23
157	Richard Wlodarczyk	M45	22	East Cheshire Harriers	1:09:42	228	Tim Fairley			Unattached	1:16:25
158	Sarah Adlard	L	11	Sale Harriers Mcr	1:09:45	229	Don Maclean	M45	31	Unattached	1:16:41
159	Anthony Cutler	M40	24	Wilmslow	1:09:58	230	Tom Kasprowic			Road Runners Club	1:16:56
160	Dave Lindsay			Unattached	1:10:04	231	Martin Howarth			Sale Harriers Mcr	1:17:00
161	Alan Durston	M50	27	Rivacre Runners	1:10:09	232	John Riley	M60	6	Unattached	1:17:02
162	Linda Leyland	L40	4	Horwich RMI	1:10:12	233	Louise Gilchrist	L50	1	Middleton Harriers	1:17:17
163	Stephen Quinn	M40	25	Leigh Harriers	1:10:16	234	James Dow	M40	41	Unattached	1:17:40
164	A T Armstrong	M45	23	Unattached	1:10:19	235	Sylvia Doyle	L45	4	Widnes Wasps	1:17:44
165	Steve Pemberton	M45	24	Penny Lane Striders	1:10:25	236	Christina Carroll	L45	5	Widnes Wasps	1:17:44
166	Sharon Caile	L	12	Macclesfield Harriers	1:10:41	237	Ray Withnell	M45	32	NYRRC	1:17:49
167	Stephen Whittle	M45	25	Red Herrings	1:10:46	238	David Merger	M45	33	Unattached	1:17:49
168	Graham Peake			Unattached	1:11:00	239	David Wild			Stockport Harriers	1:17:56
169	John Sheen			Manchester YMCA	1:11:10	240	Linda Owen	L40	5	Spectrum Striders	1:18:07
170	Gordon Brown	M60	2	Liverpool Harriers	1:11:11	241	Clive Luty	M60	7	Stockport Harriers	1:18:13
171	Alec Dunn	M60	3	Stockport Harriers	1:11:11	242	Harry Haseley	M50	42	Accrington Runners	1:18:15
172	Mark Smith	M40	26	Winston Runners	1:11:13	243	Andrew Sykes			Unattached	1:18:16
173	Jeff Clark			Barnsley Harriers	1:11:28	244	Colin Pritchard			Telford Harriers	1:18:16
174	Ralph Yates			Unattached	1:11:35	245	Pat Rice			Unattached	1:18:32
175	Gary Oakford			Merseyside FireBrigade	1:11:39	246	Steve Smith	M40	42	Skem Boundary H	1:18:33
176	Peter Cornes			Vale Royal AC	1:11:43	247	D Stewart			Sale Harriers Mcr	1:18:34
177	Andrew Gage	M50	28	Unattached	1:11:49	248	Mark Shawcross	M40	43	Stockport Harriers	1:18:36
178	Andrew Wadsworth			Unattached	1:11:55	249	Malcolm Boxen	M50	43	Northern Vets AC	1:18:41
179	Allen Kay	M50	29	100 Marathon	1:11:58	250	Michael Durcan	M50	44	Stockport Harriers	1:18:42
180	N Platt	M40	27	Merseyside FireBrigade	1:12:05	251	Helen Todd	L45	6	Stockport Harriers	1:18:43
181	Susan Cain	L45	2	Penny Lane Striders	1:12:06	252	Ann Clarkson	L45	7	Penny Lane Striders	1:18:51
182	Gary Baxter	M40	28	Bolton United Harriers	1:12:07	253	Jill Craske	L	14	Accrington Runners	1:19:00
183	Ian Rogers	M40	29	Unattached	1:12:09	254	David Deakin	M40	44	Unattached	1:19:02
184	Jamie Shawcross	M40	30	Unattached	1:12:12	255	Teresa Hollins	L45	8	Middleton Harriers	1:19:06
185	David Clarkson	M50	30	Penny Lane Striders	1:12:15	256	C B Pratley	M40	45	Unattached	1:19:06
186	Ken Smith	M50	31	Bury AC	1:12:26	257	Peter Walton	M50	45	Stockport Harriers	1:19:18
187	Julian Sacofsky	M40	31	Unattached	1:12:29	258	Linda Moore	L	15	Widnes Wasps	1:19:24
188	Chris Bryans	M60	4	Stockport Harriers	1:12:32	259	Rorden Wilkinson			Unattached	1:19:34
189	H Cowley	M50	32	Road Runners Club	1:12:35	260	Angela Leonard	L	16	Manchester YMCA	1:19:48
190	Don Turgoose	M50	33	Unattached	1:13:05	261	Ruth Calderbank	L45	9	North Fylde AC	1:19:57
191	Peter James	M45	26	West Pennine Runners	1:13:06	262	Deborah Shaw	L	17	Oldham & Royton	1:20:12
192	C Winstanley	M45	27	Stockport Harriers	1:13:07	263	Sheila Gudgeon	L40	6	Darwen Dashers	1:20:24
193	Michael Sever	M40	32	Greater Mcr Police	1:13:12	264	Liam Kelly			Unattached	1:20:25
194	Terry Robson	M50	34	Stockport Harriers	1:13:14	265	James Seed			Unattached	1:20:35
195	Andrew Whitehead			Unattached	1:13:15	266	Dawn Holding	L	18	Unattached	1:20:41
196	John Barnes	M50	35	Darwen Dashers	1:13:17	267	Andrew Cowan	M50	46	Unattached	1:20:45
197	Terry Bostock	M50	36	Northern Vets AC	1:13:19	268	David Hepgestall	M50	47	Accrington Runners	1:20:52
198	Josephine Geraghty	L60	1	Stockport Harriers	1:13:33	269	Helen Ward	L	19	Unattached	1:20:54
199	Janet Booker	L45	3	Stockport Harriers	1:13:34	270	Geoffrey Harvey	M50	48	Dee Striders	1:20:58
200	Christian Wild			Unattached	1:13:35	271	Neil Kelley			Unattached	1:21:06
201	Moiz Alibhai			Unattached	1:13:38	272	Mark Grundy			Unattached	1:21:18
202	Justin Firth	M40	33	Unattached	1:13:43	273	James Lamb			Sale Harriers Mcr	1:21:21
203	John Halliwell			Manchester H&AC	1:13:47	274	Tony Meakin	M40	46	Radcliffe AC	1:21:33
204	John Duffy	M40	34	Unattached	1:13:50	275	Richard Eyre			Unattached	1:21:38
205	Simon Fenton	M50	37	Wilmslow	1:13:53	276	Andy Roberts			Unattached	1:21:58
206	Jason Edwards			Winston Runners	1:13:56	277	Bev Clark	L	20	Barnsley Harriers	1:22:13
207	Gareth Edwards			Unattached	1:13:59	278	Laurence Graham	M50	49	Penny Lane Striders	1:22:19

279	James Kelso			Unattached	1:22:23	322	Colin Cavanagh	M40	50	Unattached	1:31:55
280	Paul Cammack	M50	50	Unattached	1:22:36	323	Marie Holden	L	25	Bolton United Harriers	1:32:00
281	Paul Wadsworth	M40	47	Unattached	1:22:40	324	Adrian Pluck	M45	37	Unattached	1:32:06
282	Peter Roberts			Unattached	1:22:46	325	J Weaver	M50	59	Unattached	1:32:17
283	Wendy Johnson	L40	7	North West Water	1:23:08	326	Monica Brown	L50	3	Penny Lane Striders	1:32:19
284	Peter McCormick	M50	51	Halifax Harriers	1:23:15	327	W Slaughter	M50	60	Middleton Harriers	1:32:23
285	Paul Crolla			Unattached	1:23:33	328	Brian Hooley	M60	12	Unattached	1:32:28
286	Kevin Egerton	M45	34	Belle Vue Racers	1:23:59	329	Ian McCarthy			Unattached	1:32:41
287	Andrew Higgins			Macclesfield Harriers	1:24:12	330	Joanne Hayter	L	26	Unattached	1:32:49
288	Richard Walmsley			Unattached	1:24:12	331	Sue Hazlett	L	27	Unattached	1:32:49
289	Toby Jones			Prestwich AC	1:24:32	332	Jane Sayner	L	28	Unattached	1:32:49
290	Martin J Hough	M40	48	Boalloy RC	1:24:37	333	Sandra Brown	L45	10	Barnsley AC	1:33:00
291	Christopher Oldfield			Unattached	1:24:48	334	Stephen Shaw			Unattached	1:33:07
292	Eileen Ingham	L50	2	Bury AC	1:24:49	335	Jim Graham	M50	61	Unattached	1:33:55
293	B Thompstone	M50	52	Winston Runners	1:25:15	336	Helen Whitehead	L	29	Unattached	1:33:55
294	Mike Carr	M50	53	Road Runners Club	1:25:46	337	Susan Hall	L50	4	Stainland Lyons	1:35:14
295	David Allen	M50	54	Winston Runners	1:25:53	338	Michael Davies	M50	62	Unattached	1:35:33
296	Kevin O'Brien	M60	8	Penny Lane Striders	1:25:57	339	Ronald Shea			Belle Vue Racers	1:35:33
297	Susan Goldrick	L	21	Unattached	1:26:03	340	Lorna Beech	L40	8	Unattached	1:36:32
298	Alec Ratcliffe	M60	9	Keighley & Craven	1:26:12	341	Jane Houghton	L	30	Horwich RMI	1:36:41
299	Niki Trevena	L	22	Unattached	1:26:15	342	Linda Glover	L	31	Horwich RMI	1:36:42
300	Ben Carey			Unattached	1:26:15	343	Barbara Williams	L50	5	Bolton United Harriers	1:36:44
301	Anne Kemp	L	23	Unattached	1:26:31	344	D Innis	M40	51	Unattached	1:38:56
302	P Hannon	M60	10	Unattached	1:26:34	345	Karen Pate	L	32	Unattached	1:39:13
303	Edward Lloyd	M70	1	Penny Lane Striders	1:26:37	346	Marjorie Whitehead	L45	11	Bolton United Harriers	1:40:03
304	Peter Ainsworth	M50	55	Unattached	1:26:56	347	Karl Barry			Unattached	1:40:36
305	Ron Ilsley	M45	35	Unattached	1:27:20	348	Jean Gough	L40	9	Barnsley AC	1:41:20
306	Ron Wallwork	M50	56	Unattached	1:27:22	349	Sandra Harris	L50	6	Northern Vets AC	1:41:49
307	Tony Payne			Unattached	1:27:49	350	Helen Cavanagh	L40	10	Unattached	1:43:04
308	M Murray			Unattached	1:27:49	351	Patrick Nesden	M45	38	Unattached	1:43:05
309	Ray Shaw	M60	11	Oldham & Royton	1:28:07	352	Kim Trevena	L	33	Unattached	1:43:31
310	Nick Gillett	M40	49	Unattached	1:28:36	353	Jull Schofield	L40	11	Bolton United Harriers	1:44:50
311	S J Ilsley	L	24	Unattached	1:28:46	354	Thomas Malone	M40	52	Sale Harriers Mcr	1:45:39
312	Robert Tantum	M50	57	Northern Vets AC	1:29:17	355	Jane Trevena	L	34	Unattached	1:46:48
313	Mark Ashton			Unattached	1:29:45	356	Stephen Jones	M40	53	Unattached	1:46:48
314	Stephen Barnes			Unattached	1:29:45	357	Craig Anderson			Unattached	1:47:11
315	Peter Stals	M45	36	Oldham & Royton	1:29:46	358	Ivan Macintyre	M40	54	Sale Harriers Mcr	1:47:12
316	Paul Chaddaway	M50	58	Unattached	1:30:52	359	Alexis Ransen	L	35	Unattached	1:47:52
317	James O'Neill			Unattached	1:31:22	360	John Hough	M45	39	Unattached	1:48:21
318	Daren Robins			Unattached	1:31:39	361	Graham Sells	M40	55	Unattached	1:48:45
319	Nick Kermod			Unattached	1:31:39	362	Richard Lee			Abergele Harriers	1:58:40
320	Terrence Booth			Unattached	1:31:48						
321	N O'Neill			Unattached	1:31:49						

THE SALE 10

Sunday 5th August 2001

Team Results – Men

1 Salford Harriers	46	2 Stockport Harriers	98	3 East Cheshire Harriers	105
Duncan Mason	5	Bashir Hussain	3	Andrew Jones	9
Dave Milliken	7	Mike Shaw	13	Garry Matthews	19
David Lockett	14	Len Best	38	Stuart Heaton	22
Mike Higginbottom	20	Steve Almond	44	Joseph Dooley	55
4 Altrincham AC	126	5 Bolton United Harriers	176	6 Darwen Dashers	249
Dave Norman	6	Gary Counell	11	Andrew Smith	23
Nick Legg	27	Ian Selby	51	Eric Wilson	34
Ken Burgess	46	Ken Fowler	53	Nigel Barnes	72
Ian Meeds	47	David Shaw	61	Shane Gudgeon	120
7 Sale Harriers Mcr	291	8 Penny Lane Striders	353	9 Horwich RMI	453
Mike Johnson	42	Andy Rees	57	Colin Rigby	15
Peter Howarth	64	Tony Mann	69	Keith Makin	106
Dave Farmer	88	Tommy Burke	78	Jim Leyland	119
Michael Dunn	97	David Cain	149	Barry Allman	213
10 Oldham & Royton	456	11 Halifax Harriers	457	12 Wilmslow	493
Stephen Fairbrother	52	Mark Crabtree	39	Jim Pendrill	59
David Phillips	109	Dale Connolly	50	Ian Smallwood	71
Trevor Grundy	143	Raymond Hall	85	Anthony Cutler	159
Steven Shaw	152	Peter McCormick	283	Simon Fenton	204
13 Northern Vets AC	587	14 Road Runners Club	742	15 Belle Vue Racers	885
Kenneth Moss	16	Liam Mycroft	115	Carl Byrne	41
Anthony Parkinson	126	H Cowley	189	Michael Mooney	220
Terry Bostock	197	John Percival	217	Kevin Egerton	285
Malcolm Boxen	248	Paul Watson	221	Ronald Shea	339
16 Winston Runners	888				
Mark Smith	172				
Jason Edwards	205				
John Edwards	219				
B Thompstone	292				

Team Results – Ladies

1 Altrincham AC	381	2 Penny Lane Striders	908	3 Horwich RMI	974
Vanessa Mulholland	54	Catherine Nevin	151	Gaynor Higson	129
Vicky Perry	98	Susan Cain	181	Linda Leyland	162
Alison Vesey	113	Ann Clarkson	251	Jane Houghton	341
Katherine Harvey	116	Monica Brown	325	Linda Glover	342
4 Bolton United Harriers	1364				
Marie Holden	322				
Barbara Williams	343				
Marjorie Whitehead	346				
Jull Schofield	353				
